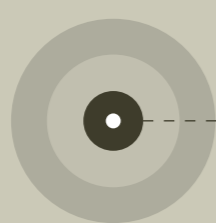


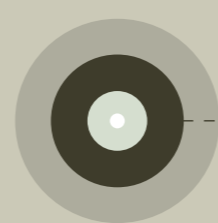
# Competence area

## for trainers working at international level with Competence areas and its competences



### Competence area

The competence model is divided into seven competence areas, each with their own criteria plus by one or several indicators



### Competence

The term 'competences' refers to a system of values, attitudes and beliefs, and skills and knowledge that can be applied in practice to manage various complex situations and tasks successfully. Confidence, motivation and well-being are important prerequisites for someone wishing to apply existing competences.